



OUR VISION — Mullumbimby High School supports all students to fulfil their potential and become successful, confident, creative members of our diverse community and the wider world.

Ph: 6684 2600 | E: www.mullumbimbyhs.nsw.edu.au

Term 4 | Week 5 | Monday 7 November 2022

KEY DATES

Monday 7 November

Last day of HSC examinations

Tuesday 8 November

Yr12 Formal Celebration
Yr 9 Police Talks

Wednesday 9 November

Yr11 Presentation

Friday 11 November

Final Yr7 immunisations
Primex Excursion

Monday 14 November

Wheelchair Sports
Sailing Excursion week

Tuesday 22 November

Yr6-7 Orientation Day (all day)

Monday 21 November

P&C Meeting at 6pm
School Base Apprenticeship & Traineeship at 5.30pm

Monday 28 November

Yr10 Careers Work Experience

Thursday 1 December

NC Softball Lismore

Monday 12 December

Yr10 Formal

Thursday 15 December

HSC results 2022 released

Friday 16 December

Last day for students

The HSC concluded on Friday, and I wish to congratulate our students, staff and parents/carers for all the work and care that has happened to ensure our students were able to complete their exams. Year 12 will enjoy their Formal tomorrow evening in Brunswick Heads at the Picture House, and we look forward to this final celebration for them and the end of their education at MHS. HSC results will be released from the 15 December and ATARs will be released in January.

Our new Year 12 students have settled into their HSC courses well and their Preliminary course presentation day will take place this Wednesday. We also look forward to celebrating their successes and wish them well for the coming year. Our new captains will receive their badges today in readiness for leading their presentation day. We will have a more formal ceremony to induct the captains and all new SRC early in 2023 which will hopefully involve all parents and carers.

The Tweed/Byron School Police Liaison Officers are visiting all schools at present to talk to students about anti-violence. Our year 9 students will be the audience for these talks during period one or period two tomorrow.

Basketball - I wish to congratulate our Year 9/10 basketball team for their great efforts to be the runners up in the North Coast basketball last week. They train everyday at school and are a credit to our school. Thanks also to Mr Meaney their coach who is very proud of their achievements.

The demolition work at MHS is now at full scale, especially in the Hall, Drama studio, library and staff rooms. Their timeline is for completion to happen throughout semester one 2023 and once we have more definite dates, we will let you know.

- Greg Armstrong, PRINCIPAL

Seeking Volunteer Opportunities for Students

Do you know of a not-for-profit, that is local to school that offers volunteering or could do with some extra help?

- We are seeking opportunities outside of school for students 14yrs and older to volunteer 1hr a week for either 3 or 6 months, aiding them in achieving their Duke of Edinburgh Award and gaining valuable experience working in the community.
- Supervising staff require a current working with children clearance check and be willing to play a role as their Assessor to validate their award hours.
- Hosting organisations must be not-for-profit

If so, please refer them onto connect with Dusty McOnie - Duke of Ed Award Leader via email dusty.mcOnie@det.nsw.edu.au or phone on (02) 6684 2600

CAREERS PAGE

Congratulations to our Year 12 students on the completion of their HSC exams and as you venture towards your next step, if you have any questions, please email Ms Clarkson, Rel. Careers Adviser at leanne.clarkson5@det.nsw.edu.au

VERTO Apprenticeship Services

To apply or register an expression of interest for any of the listed vacancies, please go to the CareerGate link: www.Careergate.org.au

Vacancies include full-time - Horticulture Traineeship, Ewingsdale; Landscape Construction Apprenticeship, Ewingsdale, Business Administration Traineeship, Lennox Head

Study Overseas

For students seeking to study overseas. The link on the Mullumbimby High School Careers website will give you information about studying in the USA and in the UK by selecting Post School Options > Overseas University Study. Also, most Australian universities have partnerships with many international universities that allows students to study part of their Australian degree overseas and receive credit for the units they successfully complete. There are also scholarships that can help finance these studies.

Careers Website

<https://mullumbimbycareers.com/>

Byron Shire School Base Apprenticeship & Traineeship Evening - Year 9 & 10 parents and students

Regional Industry & Education Partnerships are working with Byron Shire Council, Byron Bay, Brunswick and Mullumbimby Chamber of Commerce and the North Byron Business Chamber to hold a School Based Apprenticeships and Traineeship (SBAT) Evening for all Year 9 & 10 parents and students from Byron Bay HS, Mullumbimby HS and Shearwater, The Mullumbimby Steiner School.

SBATs are a great opportunity to jump start your career while studying toward the Higher School Certificate! You can:

- jump start your career,
- achieve your HSC,
- gain a nationally recognised qualification and a whole toolbox of transferable employability skills

Hear from:

- Employers
- Current School Based Trainees and SBAT Ambassadors
- Training Services
- Careers Advisers

If you would like to learn more and meet employers looking to employ SBAT'S, come and join us at the information evening. Please note all students MUST be accompanied by a parent.

Byron Shire School Base Apprenticeship & Traineeship Evening

When: Monday 21st November 2022

Time: 5:15pm for a 5:30pm start – 7:15pm

Where: Mullumbimby Ex-Services Club – Supper provided!

Register: via the QR Code by Friday 11th November



The school has its own career [Facebook page](#). Students and parents can use this page for a wide range of career information. This is particularly useful for students in the senior years, however, other students can access information on part-time employment, dates for open days or registration to courses while they are still at school. This [Facebook page](#) is dedicated to careers information, guidance and support for students, staff, parents and the community. [Like](#) that page and get daily updated information or Google "Mullumbimby High School Careers".

P&C NOTES

Our next P&C meeting is on Monday 21 November at 6pm. We hope to meet in person as well as via zoom for our last meeting of the year.

This would be a great opportunity for any curious parents or citizens to join us to see what we have achieved over the past year as well as imagining what we can achieve for the coming years ahead. Thus please don't be shy if that's what might hold you back from attending. The meetings are really open and friendly and we would be thrilled to have new people, ideas and energy to add to our current and talented association of members.

New members are always welcome and you can download a membership form from the school website.

Questions? Comments?

Email us at mullumbimbyhighschool@pandcaffiliate.org.au

Or call Damian Farrell on 0409 994 308



We received some really positive feedback from those that attended the first of our two day Deep Listeners free workshops.

The facilitator has given us dates for January to July to roll out monthly workshops, and we are still in the process of securing venues for these dates. Thanks again Cath Graeme- Cook for all the event management you are doing to make these workshops a happening thing.

Once the venues are booked we will promote the dates on the Deep Listeners webpage and you can register your interest in the workshop that suits your schedule. You will be able to register for a free workshop via the Deep Listeners website on this link <https://deeplisters.org/training-for-everyone>

The facilitator Ursula has kindly given us dates in January 2023 to run a two day workshop as we thought this may be a practical time for any teaching staff or students over 15 to enjoy the workshop whilst on holidays. Please be mindful to commit to the date you enrolled in as each workshop will have limited numbers and someone will miss out if you decide to not show or cancel at the last minute.

This is what the workshops offer:

Participants learn techniques and guidelines to support them to be safe, compassionate listeners out in the community

Learning Outcomes: • Learn and apply techniques to consciously turn down the fight/flight response • Test and apply deep listening skills • Understand yourself and your needs as a listener and develop plans to manage your needs • Become familiar with key local support services • Learn and apply strategies for avoiding vicarious trauma • Understand what Deep Listening is and how it is achieved • Learn and apply the Deep Listeners guidelines and Code of Ethics • Learn how to get into the right mindset for deep listening • Gain an understanding of compassion & empathy, their differences and how to foster compassion • Gain an understanding of the role of the nervous system



We are very thankful to the NSW Department of Communities and Justice for the funds to run this supportive initiative for the school and broader community.

Tips For Parents: How To Report Cyberbullying

As we begin Term 4 and return from recent school holidays, now is the perfect time to revisit the conversation around cyberbullying and what to do if your child is the victim of online hate, trolling or abuse.

As a school, we are dedicated to working with you to ensure that a safe and open conversation around cyberbullying takes place and with more kids than ever using social media, having access to mobile phones and other digital devices, cyberbullying is currently a big concern for all of us. Below we have provided some essential information for parents, so you know what to do and what steps to take if you find out your child is being bullied online.

How to report online bullying, harassment and abuse

If you need to report serious online bullying, harassment or abuse, these are the steps to follow:

- Take screenshots for evidence and record the date and time on the screenshots taken. Save these
- Block the bully/abuser on whatever social media app is being used
- Report to the relevant social media platform and take screenshots that this has been done. You must report through this channel first
- If the post is not removed within 24hrs, report it to the Office of the eSafety Commissioner via the complaints section found at www.esafety.gov.au
- If the bullying threatens someone's life or there is image-based abuse taking place, immediately contact your local police station or Crimestoppers on 1800 333 000.

We continue to support these teachings and discussions around cyberbullying in school through the Safe On Social's eSafetyHQ School Program we have rolled out this year. We look forward to continuing to educate and help support our parents and carers in keeping our children safe online.

COMMUNITY ANNOUNCEMENTS

SAFER DRIVERS COURSE FOR LEARNERS

Participants who complete the Safer Drivers Course for Learners will receive a bonus of 20 hours credit recorded in their learner driver logbook reducing the total logbook requirement from 120 to 100 hrs. The Course is a combination of theoretical and practical training for under 25-year-old learner drivers who have completed 50 hours of logbook driving hours.

Saturday 19th November - 9.30am to 12.30pm
Monday 28th November - 4 to 7pm
Monday 12th December - 4 to 7pm

1 Gilmore Crescent Byron Bay
Cost: \$140
CONCESSIONS ARE AVAILABLE

To book: <https://www.bys.org.au/transport>

Contact Steffie on 66857777 or email info@bys.org.au for more information.

SHOP

**FREE RETAIL SKILLS
SHORT COURSE**

@ THE
YAC

**NOVEMBER 21ST - 24TH
4 DAYS OF FUN, LEARNING
AND WORK EXPERIENCE
(12-24YO)**

ENQUIRIES: LINDYLOU@BYS.ORG.AU

Australian Government

BRUNS RIVER FLICKS

The Brunswick Picture House is thrilled to present Bruns River Flicks - a weekly series of 5 FREE Saturday night outdoor film screenings right here on the river's edge, in Banner Park.

STORM BOY 1h 28m. (G) from 7pm FREE

Come join us and the Pelicans for this classic all-time favourite family adventure. Loved by three generations, a heart-warming, gentle rites-of-passage story of a young boy's love of freedom, the land he treads on and his simple life with dad, aka Hide-away Tom.

10-year-old Mike bonds with a local pelican, and must then fight to save his beloved Mr Percival from hunters, guided by indigenous man, Fingerbone. It's got everything in a true film classic: drama, pelican prat falls, a tinge of romance and real adventure. Shot around the Coorong coast, SA.

The screenings will be free of charge (although tickets and registration will be required) and as has become the norm for a Picture House film event, each film will be accompanied by a fun, entertaining live element that will blow your thongs off! FULL PROGRAM and registration at <https://brunswickpicturehouse.com/>

STORM BOY

SAT 12 NOV 7PM

NSW GOVERNMENT

Brunswick River
FLICKS