

### **MULLUMBIMBY HIGH SCHOOL**

# WHAT'S ON?

**OUR VISION** — Mullumbimby High School supports all students to fulfil their potential and become successful, confident, creative members of our diverse community and the wider world.

Ph: 6684 2600 | E: www.mullumbimbyhs.nsw.edu.au

Term 1 | Week 10 | Monday 27 March 2023

Dear Parents and Carers.

Our transition evening last Tuesday was a huge success. We had many Year 6 parents, carers and students from all our feeder primary schools who were able to enjoy a tour of our school, an explanation about the significant building works happening at present and some more formal information from current students, our Deputy Principal for the Transition Ms Kelly Spilstead, 2024 Year Adviser Mr Aaron Madritsch, Head Teacher Wellbeing Ms Gemma Veriga-White and myself. We also welcomed another 12 families on our school tour on Saturday morning.

We are looking forward to welcoming all the Year 6 students for our first Step Up afternoon of transition activities and high school lessons this Wednesday. For this first day, we ask that students come at 1pm and meet in the Senior Quad and classes will start between 1:20pm and 1:30pm.

Congratulations to the teachers and students who are part of our Year 9 program called Hands-On. These students follow partly an alternate curriculum on Fridays where they plan and build projects around the school. In our term edition of the Lyrebird, you will see their great efforts building and refurbishing the planter boxes at our Ag Farm. Deputy Principal, Mr Clarke, oversees this project and teachers are Mr Tynan, Mr Humphreys, Mr Brenna and SLSO Mr Zeitlow.

I will be on leave from Friday 31 March and Ms Kelly Spilstead will be Relieving Principal during week 11. Mr Adam Culbert will be Relieving Deputy Principal and Mr Aaron Madritsch, Relieving Head Teacher TAS.

Greg Armstrong, PRINCIPAL





### **KEY DATES**

Monday 27 to Friday 31 March South Passage Excursion

**Tuesday 28 March** Yr8 Bruns River Art Excursion

Wednesday 29 March 1pm Transition Day for Year 6 Buckley Shield—14s Rugby League MHS vs Kingscliff High @ MHS

Thursday 30 March Homework Club 3pm—4pm

Monday 3 April SCU Year 9 Taster Day

Tuesday 4 April Year 7 STEM challenge

Wednesday 5 and Thursday 6 April Year 11 Life Ready Camp

Thursday 6 April School Holidays start at 3pm No Homework Club

Wednesday 26 April First day back—all students

Also once a week **Every Thursday** Homework Club: 3pm-4pm

**Every Friday** Breakfast Club: 8am-8:45am





Pictured here: Year 7 students have been working hard to complete their cross-KLA Google Site task. Here, they are busy in their Indonesian class practising saying their Ini Saya (This is Me) paragraphs before they record their vlogs.

### **P&C NOTES**

The P&C is often busy exploring partnerships and developing ideas of how we can help make the school environment even more enjoyable for students and visitors. Over the past fortnight, two P&C members, Louise Dwyer and Sharon McGrath have been exploring grant opportunities with staff from the Special Unit. They have been looking at what resources and landscaping materials might enhance the playground area outside of the special unit. These plans will evolve over the coming months as partnerships with the school, funding bodies and other come to fruition.



If you have ideas or suggestions or a drive of energy and want to share them with the school the P&C is a great association to support you with this. Please feel free to join the P&C during the year and come to our meetings in week 3 and week 7 each term.

Membership forms are available in the school office or on the school website or via the email below and it just costs \$2.00 to join.

### Our next P&C meetings are on:

Term 2, Week 3: Monday 8<sup>th</sup> May, 2023 at 6pm Term 2, Week 7: Monday 5<sup>th</sup> June, 2023 at 6pm Venue and or zoom link to be advised in term 2

#### **Questions? Comments?**

Email us at mullumbimbyhighschool@pandcaffiliate.org.au Or call Amy Colli on 0429 804 890



Mullumbimby High School is partnering with the Northern Rivers Conservatorium of Music to offer weekly instrumental lessons. External tutors will be coming to our school to offer these lessons during school hours. If your student is interested in join-

ing the program and getting lesson on either guitar or piano, they can come and see Mr Sharp at school for an information pack. If students would like lessons on any other instrument, please also come to discuss details or email: joshua.sharp14@det.nsw.edu.au

**A REMINDER** — All students arriving **LATE** (after 8.50am) should <u>ALWAYS</u> sign themselves in at Student Services with a note or a phone call from parents explaining the reason for their lateness.

Requests for an **EARLY** leavers note (before 3pm) from parents with a valid reason should be dropped in or called in <u>before 9:30am</u> to Student Services. Leave passes will be handed to students at recess so they can leave the class for their appointment before the end of school.

Kindly support your student to organise all after school plans <u>BEFORE</u> school begins to allow them to be fully engaged in their school work without any interruptions.

### **GOING AWAY 5 DAYS OR MORE?**

A reminder to our school community that the NSW DET requires that



parents arrange holidays **DURING** school vacations.

If your family holiday is during school time, you will need to inform the School Principal in advance and submit a permission to leave from the school.



An application for leave should be provided <u>at least two weeks</u> prior to departure. Ask our office for an **"Application for Leave"** BEFORE the holiday.



**CAREERS UPDATE** — If your child loves the outdoors, this week, we highlight two career pathways to discuss, being **Marine Science** and **Landscaping.** 

#### MARINE SCIENCE

Marine Studies is a Year 11 and 12 Subject that Mullumbimby High School offers and if your child has a love of ocean life, then this could be a future career pathway.

## Register for this Upcoming Webinar by The University of Sydney: Life of a Marine Scientist Webinar - Wednesday 5 April 2023 @ 4:00 PM

Have you wondered what a day in the life of a marine scientist is like? Join this session to find out what an average day of work might be like in the field of marine and climate science and learn about how you can work in this field. Explore this fa scinating field and hear how our leading academics and researchers are working to solve big issues in the field, including reversing the damage to our coral reefs, how we address the impact of meteorological events and climate change, the importance of our mangroves and aquatic environments, and much more.

**CAREERS WITH STEM** - Explore how to become a Marine Biologist, including what to study, the skills you need and where you could work, featuring a list of marine science and marine biology University courses throughout Australia. https://careerswithstem.com.au/how-to-become-a-marine-biologist/#gsc.tab=0

#### **APPRENTICESHIPS**

At Mullumbimby High School, we work with students in Year 10 and 11 to commence a School Based Apprenticeship or Traineeship. For students who are seeking either an SBAT or a full-time apprenticeship, the following two websites provide resources for students and their parents and carers to research career options:

### **Australian Apprenticeships Pathways**

https://www.aapathways.com.au/students

### School Based Apprenticeship and Traineeship (SBAT) Information

https://education.nsw.gov.au/public-schools/career-and-study-pathways/school-based-apprenticeships-and-traineeships

### LANDSCAPING APPRENTICESHIP – Study Work Grow Spotlight

### What is a career in landscaping?

As a landscaper, you are responsible for designing, building, and maintaining all kinds of green and natural areas. This can include yards and lawns, gardens, parks, and sports turf, on both a small and large scale. You might be designing garden layouts and irrigation systems, building paths and garden beds, planting seeds and established plants, mowing and trimming grass, hedges, and other plants, or advising clients on growing and maintenance techniques.

### What skills do I need for a career in landscaping?

You'll need to have a keen eye for space and design, as well as the willingness to get your hands dirty and do lots of work outdoors. If you have a passion for and knowledge of nature and sustainability, this could be an ideal career choice. Good communication skills are also very important to ensure you deliver just what your client has asked for.

### Why should I consider a landscaping apprenticeship?

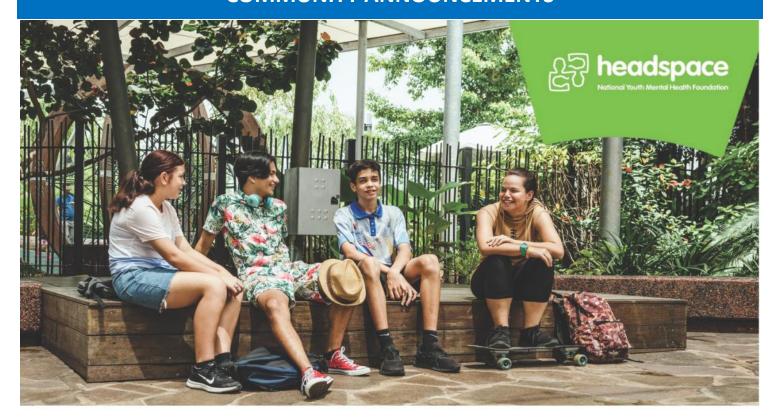
Apprenticeships are a great way to get your foot in the door with an employer and start building valuable skills. There are often lots of opportunities to continue working with your employer after your apprenticeship is complete, and even advance your career down the track. As part of a landscaping apprenticeship, you will be doing real work for an employer while completing study with a TAFE or RTO. A landscaping apprenticeship can take anywhere between 3-4 years to complete, depending on whether you work and study full or part-time. Here are some qualifications you might want to look into:

Certificate II in Sports Turf Management
Certificate III in Landscape Construction
Certificate III in Parks and Gardens
Diploma of Landscape Design

We have a lot of students who want a School Based Apprenticeship or Traineeship in a variety of industries. Many employers find they have 8 hours a week to support a student and the benefits include the opportunity to train and pass on your knowledge to a young person while they complete their HSC who could then become an ongoing valued staff member. With today's trade shortages, this is a great model to help future proof your workforce.

Any questions, students can visit the Careers Adviser's office and talk with Ms Leanne Clarkson. Parents and carers can contact her at school 6684 2600 or email: leanne.clarkson5@det.nsw.edu.au

### **COMMUNITY ANNOUNCEMENTS**



# supporting young people in school holidays: practical tips for parents and carers

headspace National are hosting education sessions for parents and carers across NSW who are supporting young people during school holidays.

These sessions aim to:

- Identify challenges and opportunities of the school holiday period
- · Offer practical ideas for parents and carers
- Provide information about additional support services
- · Highlight the importance of self-care

### Where:

Online webinars.

### When:

We will be offering this session multiple times around the school holiday period. Sessions will be held at 12 - 1pm AET or 6 - 7pm AET.

Session dates will be listed on Eventbrite.

### How do I register?

Click the link to register for a session via Eventbrite: bit.ly/3UVkYQM, or copy the URL into your web browser. Alternatively you can scan the QR code:



After registering, you'll receive a confirmation email which will include the Zoom webinar link.

You will receive a digital information pack after the session that includes key messages and links to resources and support services.

### **Need more information?**

Email us: programsupport@headspace.org.au.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

### **COMMUNITY ANNOUNCEMENTS**

### SCHOOL WORKSHOPS

GIVING ALL CHILDREN THE CHANCE TO DANCE



WE OFFER A FUN AND NURTURING ENVIRONMENT FOR STUDENTS TO BE CREATIVE, BUILD CONFIDENCE, IMPROVE FITNESS,

> Maddi 0448 004 992 maddi@dancecultureco.com.au @dance\_culture\_co







## **GONE FISHING**

Rock Fishing Safety & Skills Day



- Free Lunch
- Family Fun
- Fishing Skills



**SATURDAY APRIL 15** 

### Ballina

9.30am to 3.30pm

LEARN MORE & REGISTER NOW https://bit.ly/GoneFishing-Ballina





### **COMMUNITY ANNOUNCEMENTS**





Mindfulness, Breath and Meditation - Kat Ellis and Sophie Saemrow (Wild open Hearts) 0421 080 565 sophiesaemrow@hotmail.com

Tapping workshop- Anastasia Elliot (Deadly Descendants) 0490 444 063

Yoga for children- Bec Johnson (The Smile Kind) 0451 113 982

<u>Learning massage for children and cupping workshop</u> (parent and children) - Candace Foo (Three Jewels Acupuncture) 0412 623 914

Little Jewels 54 Stuart Street, MULLUMBIMBY 0412 623 914



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# Floods 2022

# Recovery Support Service



55 Dalley Street

Mullumbimby NSW 2482

Phone: 02 6684 1286 Mobile: 0499 864 218

Email: intake.rss@mdnc.org.au



in association with



Resilience NSW





The MDNC Recovery Support Service provides personalised, long-term support

your own personalised recovery support worker.

### We will walk alongside you and assist you to

- · Navigate disaster assistance packages
- Build your connections with local community resources
- · Link to programs and services

### Who can use these services? Anyone directly impacted by the floods.

- · Damaged or destroyed homes
- People experiencing additional impacts from the floods (i.e. social, emotional and financial)
- · Business owners
- Primary producers and rural landholders

### How can I access these services?

- You can phone or email your local Recovery, Support Service directly
- Other services and agencies can help to link you to the Recovery Support Service in your area
- · No formal referral is required





