



OUR VISION — Mullumbimby High School supports all students to fulfil their potential and become successful, confident, creative members of our diverse community and the wider world.

Ph: 6684 2600 | E: www.mullumbimbyhs.nsw.edu.au

Term 1 | Week 8 | Monday 13 March 2023

Dear Parents and Carers,

We celebrated International Women's Day with many activities and educational opportunities for all students and staff. Our focus was to celebrate women's achievements and raise awareness against bias today at Mullumbimby High School. We recognised and acknowledged the great and strong women in our lives and the influence they have on us and the support they have provided. I would like to acknowledge all the Women, and young women in our school.

Our 2023 Year 6 into Year 7 Transition Program starts on Tuesday 21 March with a school tour at 5:15pm and an information night from 6pm to 7pm. All families interested in starting high school next year are invited to attend. Spread the word!

NAPLAN commences this week on Wednesday 15 March for students in Years 7 and 9. The tests will be done online using the school laptops.

Our SRC Induction was a wonderful ceremony at the RSL Club with many parents and carers able to attend. The SRC team is vibrant and ensures our students can actively participate in decision-making at school on things which shape their educational experiences. To be successful, schools must value the perspectives and opinions of students and act on them in a way that genuinely shapes learning and decision-making at the school. The Mullumbimby High School SRC consists of 32 students in years 7 to 12. They meet daily with the captains in their CARE class and weekly at SRC meetings. We highly value and appreciate their hardworking and inspirational Coordinator, Ms Celeste Grennan.

Our Welcome Barbecue for Year 7, 11 and other new students and their families was a great success and I thank everyone who was able to come to talk with staff in an informal setting. We will have our Parent-Teacher interviews scheduled for Term 2 for more formal discussions about your child learning and engagement at school. Year 7 have been an amazing group of young people and we are really enjoying getting to each one of them. We look forward to a long and successful time together at Mullumbimby High School. We thank their Year Adviser, Mr Tynan, for his great work and commitment to this group. Year 11 are also amazing — the best dressed seniors ever at Mullumbimby High School— which only shows their pride and commitment to our school — and the work of their wonderful Year Adviser Mrs Emily Langtry. She is exceptional and this group is in great hands. Over the years our HSC results have been improving and as you know Mullumbimby High School was the top performing public school in NSW. We look forward to this group working very hard to do their best and achieve excellent results as well in 18 months' time.

— Greg Armstrong, Principal

MULLUMBIMBY HIGH SCHOOL 2024



YEAR 6 TRANSITION CHECKLIST *The Journey to High School*

APPLICATION PROCESS

- 6th of March - Primary Schools to distribute Expression of Interest Forms
- 24th of March - Expression of Interest forms due (Use QR Code)

STEP UP INFORMATION NIGHT

- Tuesday 21st March - School Tour between 5.15pm and 6.00pm
- Tuesday 21st March - 6pm to 7.00pm (information and welcome)

TOURS OF THE SCHOOL

- Saturday 25th March 9.30am to 10.30am

TRANSITION DAYS

- Wednesday 29th March – 1.00pm to 3.00pm
- Wednesday 10th May – 1.20 pm to 3.00pm
- Wednesday 14th June – 1.20 pm to 3.00pm

HIGH ACHIEVER CLASS APPLICATIONS DUE

- Friday 16th June 2023
- High Achiever interviews Weeks 2 and 3 of Term 3
- 24th July - 4th August 2023 - Placement Offers Confirmed

ORIENTATION DAY

- Tuesday 28th November 2023 – 8.50am to 3.00pm

www.mullumbimby-h.schools.nsw.gov.au

[Mullumbimby High School](https://www.facebook.com/MullumbimbyHighSchool)



Scan this to access the Y7 2024 Enrolment Form or head to the school website and click "Enrolments"

KEY DATES

Monday 13 March
P&C meeting at 6pm

Wednesday 15 March
NAPLAN starts

Tuesday 21 March
5:15pm School Tour
Yr6 to Yr7 Information Night 6pm

Saturday 25 March
10:30am School Tour

Wednesday 29 March
1pm Transition Day for Year 6

Every Thursday
Homework Club 3pm—4pm
Every Friday
Breakfast Club 8am—8:45am

TERM DATE IN 2023

Term 1: Friday 27 January – Thursday 6 April (Students start on 31 January and 1st February)

Term 2: Monday 24 April – Friday 30 June (ANZAC day on Tuesday 25 April is a public holiday) - Students start on Wednesday 26 April

Term 3: Monday 17 July – Friday 22 September— Students start on Tuesday 18 July

Term 4: Monday 9 October – Tuesday 19 December (Students start on Monday 9 October)

P&C NOTES

AGM 13th February 2023, 5.30pm drinks for a 6pm start at the Mullum Bowling Club

The club's Indian restaurant (Heritage Dining) will provide some of their delicious finger foods and nibbles for us. Drinks are available at the bar at club prices.

Or join us by zoom link at 6pm on: <https://au01web.zoom.us/j/68508978983>



After three years in the President role with MHS P&C, I will step down in tonight's AGM as part of our succession plan. I would sincerely like to thank the executive team that have supported the association and me over the past years. This year that included Cindy Alice and Caterina Barry as Vice Presidents, Lhasa Morgan as Treasurer, Tom Alletson as Secretary and Executive members, Soenke Biermann and Andy Gramae-Cook. The P&C looks forward to re-electing a new executive team at the AGM tonight and continuing on the legacy of working effectively and harmoniously with the school.

What an extraordinary year, what an extra ordinary community and what salient experiences we have had in navigating the elements and humanity of working together through difficult times. Last year's AGM was delayed until May because the flood that swept our community on February 28, meant we would need to change our routines, our interpersonal relationships and in many cases our homes.

We lived through difficult times over the past year but demonstrated not only to the broader community but ourselves that we can still achieve remarkable things if we work together and look after our most vulnerable. Well done to all those that have helped the school through our P&C Association step closer to getting our resources and mindsets back to normal. There are many people to thank and rather than name them all, I'll mention what they and the P&C did.

In March we set up a Go Fund Me platform, to support the school. We recognised that the students would be experiencing different levels of trauma, loss and grief from the flood event. We thought the best way we can support them was to raise funds that could be used to provide resources or experiences to improve their mental wellbeing. By April we had raised \$42,752, an amazing effort and very heart warming that we received donations from across Australia, from students in many different schools supporting our students and our school. It was particularly touching the amount of donations from ex Mullumbimby High School students, young and old. It shows that the school left a mark in their hearts and meant something important to them. That is a wonderful and remarkable legacy that the school can and does offer students; a sense of connection and belonging even after you have moved on.

Following the flood event we also put some effort into securing grants to support the school and the broader community. Thank you Tom Alletson for submitting a grant application to the Commonwealth Bank to secure \$10,000 so the P&C could support the school to buy percussion instruments and to replace the pianos lost in the flood.

The P&C also secured a \$50,000 grant from Department of Community and Justice (DCJ) to roll out free workshops to the school and wider community. The Deep Listener and We Al Li, Dadirri workshops have been well received by those that have participated in workshops over the past 6 months. Thank you to Cath Gramae-Cook and Cindy Alice for the mammoth effort it takes to coordinate and event manage these free workshops. In the January workshop 25 teachers and school counsellors from MHS and some other local schools participated in a two day We Al li workshop designed to support those that support others. Their feedback from the workshop was really positive and it is a good feeling, knowing that we can give something positive, to these people who are always giving of themselves.

In December we secured another grant from Community Building Partnerships (CBP) for \$64,596 towards a project that we have been wanting to progress for several years. With this grant and a significant contribution from the Dept of Education we will be able to resurface the four bitumen tennis courts across the road from the school admin building. The courts will be resurfaced to allow a multitude of sports to be played on them, and will be much more user friendly, for people of all abilities, to use them. We look forward to this happening during the year and seeing the students enjoying them once completed.

In amongst these one off grants and fundraising opportunities there have been several people working tirelessly as they have always done for the P&C. That is the people that run and manage the Uniform shop on behalf of the P&C. It is our most consistent form of revenue so that we can support the school with resources that are funded by the DoE or other avenues. Wendy Fisher and Caterina Barry have given so much of their time, energy and love to the uniform shop throughout the year. It is open each Monday morning and provides such a convenient service to families of MHS. Students can try on and order or purchase uniforms at the school rather than parents needing to coordinate a drive to Tweed Heads or Ballina to purchase the same. With the introduction of the back to school vouchers of \$100 this has been very supportive for families to use at the uniform shop but has also resulted in a significant increase in time that Wendy and Caterina have needed to input to account for this new system. The P&C would love more support from the parents or friends to help out in the

uniform shop. It is a rewarding experience so we hope that some new parents contact us to help out in the uniform shop over the following year.

Finally, Mullumbimby High School P&C Association has a long history of having a committed and compassionate membership base. It has been a pleasure to work with people that are inspiring, caring and giving and to be working towards supporting such a wonderful school. To this ends a significant factor of why the school is so wonderful and special is directly attributed to the dedication, commitment and passion of the staff. This is so evident from the school executive team and the teaching staff right through to the office and general hands staff. We are very fortunate to have such skilled and interested people supporting our children's education and well being. For a school to create such a supportive environment for students and their families it requires strong and effective leadership. We are so fortunate to have for being such a dedicated and hard working Principal in Greg Armstrong. Thank you Greg, we are in such good and capable hands with your leadership.

Thank you everyone.

Damian Farrell , President, Mullumbimby High School.

Questions? Comments?

Email us at mullumbimbyhighschool@pandcaffiliate.org.au

NAPLAN

Every year the National Assessment Program – Literacy and Numeracy (NAPLAN) assesses the literacy and numeracy skills of students in Australia. Students in **Years 7 and 9** who are enrolled at a NSW high school are expected to participate in NAPLAN unless they are withdrawn or exempt. NAPLAN provides an understanding of how individual students are performing at the time of the tests. This year, NAPLAN will take place from 15 March to 27 March 2023.

We have sent an email to all families in these two cohorts along with the information pack and the withdrawal form should you want your child NOT to sit the NAPLAN. Any questions, please call the school.



Northern Rivers
CONSERVATORIUM

Mullumbimby High School is partnering with the Northern Rivers Conservatorium of Music to offer weekly instrumental lessons. External tutors will be coming to our school to offer these lessons during school hours. If your student is interested in joining the program and getting lesson on either guitar or piano, they can come and see Mr Sharp at school for an information pack. If students would like lessons on any other instrument, please also come to discuss details or email: joshua.sharpe14@det.nsw.edu.au

GOING AWAY 5 DAYS OR MORE?

A reminder to our school community that the NSW DET requires that parents arrange holidays **DURING** school vacations.

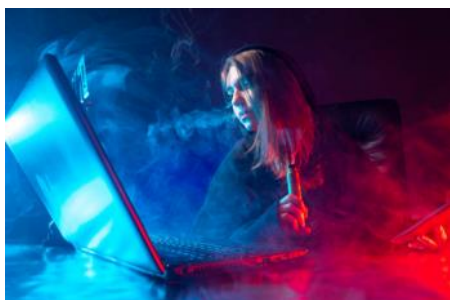
If your family holiday is during school time, you will need to inform the School Principal in advance and submit a permission to leave from the school.

An application for leave should be provided at least two weeks prior to departure.

Ask our office for an **“Application for Leave”** BEFORE the holiday.



Vapes, social media, and what parents can do to help schools. Kirra Pendergast, SAFE ON SOCIAL



Vaping has become increasingly popular among Australian teenagers, with some studies indicating that over one in ten high school students have tried vaping. Schools often ask the Safe on Social team to speak about the danger of ordering vapes online. Please read this informative [article](#).

CAREERS UPDATE

UAC - University Admissions Centre

Resources for parents and carers

Resources for parents helping their students prepare for university

www.uac.edu.au

<https://www.uac.edu.au/future-applicants/parents>



If your child is in Year 12, you may want to subscribe to the digital newsletter - UAC Parent Update, for the latest information, deadlines and advice to support your child on their journey to university.

ADF Presentation - Incursion

Defence Force Recruiting will be presenting to Year 10, 11 & 12 students interested in an Australian Defence Force career.

Monday 27 March 2023, P5 & P6.

Year 9 Year 9 Taster Day - 3 April 2023

20 Year 9 students will be attending Southern Cross University, Lismore to participate in fast paced interaction sessions in the areas of Science and Engineering; Health; Education and Business. For your action - the online School Bytes permission form is being sent via email to all Year 9 students parents/carers later this week and selection will be on a first come first serve basis.

Careers with STEM

Is your child passionate about the environment and wants to use their STEM skills to do good?

Climate Scientist, Nandini Ramesh, uses cutting-edge maths and data techniques to inform her research.

A 5-minute interview that you may wish to read with your child to explore all about this Climate Scientist's STEM study and career path.

<https://careerswithstem.com.au/climate-scientist-nandini-ramesh>

Any questions, students can visit the Careers Adviser's office and talk with Ms Leanne Clarkson. Parents and carers can contact her at school.

The school has its own career [Facebook page](#). Students and parents can use this page for a wide range of career information. This is particularly useful for students in the senior years, however, other students can access information on part-time employment, dates for open days or registration to courses while they are still at school. This [Facebook page](#) is dedicated to careers information, guidance and support for students, staff, parents and the community. [Like](#) that page and get daily updated information or Google "Mullumbimby High School Careers".

Seeking opportunities for students to volunteer in our community

Do you know of a not-for-profit, that is local to school that offers volunteering or could do with some extra help?

- We are seeking opportunities outside of school for students 14yrs and older to volunteer 1hr a week for either 3 or 6 months, aiding them in achieving their Duke of Edinburgh Award and gaining valuable experience working in the community.
- Supervising staff require a current working with children clearance check and be willing to play a role as their Assessor to validate their award hours.
- Hosting organisations must be not-for-profit

If so, please refer them onto Dusty McOnie, our Duke of Ed Award Leader via email dusty.mconie@det.nsw.edu.au or phone on [\(02\) 6684 2600](tel:0266842600)

COMMUNITY ANNOUNCEMENTS

LIFT YOUR GAME!
AND HAVE SOME FUN!

Learn how to lift your game to the next level!

- Biomechanics for optimal movement
- Success Mindset
- Game Skills and strategies and GAMES application
- Self regulation & recovery
- Self optimisation
- Nutrition
- AND SO MUCH MORE.....

OPTIMISE ME "ELITE" BASKETBALL CAMP

Experienced players 12-17+ years

12-17+ YRS - BOYS AND GIRLS
9 am - 3.30pm
Wednesday 19th April
Ballina Indoor Sports Centre

Kellie Coates
State League Basketball
23 yrs Coaching youth basketball
Accredited NSW basketball coach
P.T & Human Movement specialist
Youth mindset and Empowerment coach

Sammi Johnston
NCAA Basketball
Athlete & Psychosocial recovery coach,
Movement and Mindset Coach

REGISTER YOUR INTEREST
www.askworkshops.com.au

More information on our website

Call Kellie: 0432662050
Email: kellie@preventconsultants.com




LEARN AND PLAY!
AND HAVE SOME FUN!

Skills for the game and life!

- Biomechanics for optimal movement
- Mindset
- Game Skills, strategies, and GAMES
- Self regulation & recovery
- Self optimisation
- Nutrition and performance
- AND SO MUCH MORE.....

OPTIMISE ME BASKETBALL CAMP

Primary School Camp 8-12 yrs

8-12 YRS - BOYS AND GIRLS
9 am - 3.30pm
Ballina Indoor Sports Centre

Kellie Coates
State League Basketball
23 yrs Coaching youth basketball
Accredited NSW basketball coach
P.T & Human Movement specialist
Youth mindset and Empowerment coach

Sammi Johnston
NCAA Basketball
Athlete & Psychosocial recovery coach,
Movement and Mindset Coach

REGISTER YOUR INTEREST
www.askworkshops.com.au

More information on the website

Call Kellie: 0432662050
Email: kellie@preventconsultants.com




TWEED SHIRE COUNCIL

Murwillumbah Youth Fest! 29th April 2023

Supported by the **NSW GOVERNMENT**

KNOX PARK MUR'BAH

Seeking entrants ages 12 -24 for:
Battle of the bands money prizes!

Talent quest money prizes!

FOR EXPRESSIONS OF INTEREST and how to register: email **Christina Bennett** youthworker@mccentre.org.au or call 0481982068, cut off date to register 20th march 2023

For enquiries call **0481982068** monday-thursdays 9am-4:30pm




Murwillumbah Youth Festival April 29th

Free stalls for our young people wanting to sell their original creations

Criteria: ages 12 - 24 years, creations must be original/ reused / re-decorated or some creative element by the young person. Sorry no food stalls.

To register contact MCC youth worker Christina before cut off date 20th March 2023 on youthworker@mccentre.org.au

Include full name, age, contact number and a detailed description of your wares to sell. Inquiries: 0481982068

Youth Markers Market
Apply now! limited tables available

MBAH YOUTH FEST – Saturday 29th April 2023

Murwillumbah Community Centre is very excited to announce an upcoming event as part of our Murwillumbah Youth Action Project (funded by DCJ- Youth Opportunities):

They have been working in the co-design and planning of this Youth Week event for a few months now with the Youth Action Group. They are calling out for local youth (12-24 years old) who would like to participate in the festival in any of the following opportunities:

- Volunteering on the day (different roles to be covered: set up, operations, visual documentation, surveys and information, etc)
- Musicians and bands for Battle of The Bands
- Dancers, performers, comedians for our Talent Quest
- Poets, writers and spoken word artist for the creative tent stage
- Makers and creatives for the Makers Market (this include selling items or running workshops)
- Youth Action Group members

Expression of interest to youthworker@mccentre.org.au or 0481 982 068





COMMUNITY ANNOUNCEMENTS

Weaving strong community connection

The Byron Shire community is invited to come together to mark one year on from the 2022 floods.

You are invited to attend any of these free community gatherings. More details are on Council's website.

www.byron.nsw.gov.au/flood-anniversary-events

Flood Anniversary Events



Reflect and Connect Days – an opportunity to come together in support of each other:

Tuesday 28 February – 10am to 2pm Mullumbimby District Neighbourhood Centre (55 Dalley St. Next to the Civic Hall).

Sunday 5 March – 10am to 2pm Stan Robinson Park Mullumbimby (next to the Byron Shire Council building, 70 Station St.).

Community BBQ • weaving workshops • art engagement • stakeholder stalls • Red Cross DROPS (Disaster Recovery of People's Stories) Initiative and more.

Thanks to Byron Shire Council, Mullumbimby District Neighbourhood Centre, Red Cross, Mullumbimby Rotary Club, SES and funding support from the NSW Government.



Farmers and Friends – Seeding Connection one year on

The Paddock Project in conjunction with Byron Shire Council is hosting a free BBQ lunch to talk about experiences, lessons learnt and ways forward for the Byron farming community. Come and take a guided tour of the Paddock garden.

Friday 24 March – 1pm to 4pm The Paddock Project (64 Argyle St, Mullumbimby)

RSVP by Friday March 17 for catering purposes. Register to reserve your place: seedingconnection.eventbrite.com.au



Art Therapy Sessions

This free therapy program offers an outlet to work through flood and recovery experiences and to look to the future. You're invited to attend any of these free sessions:

Session 1
Saturday 11 March – 12.30pm to 3.30pm
Marvell Hall (37 Marvell St, Byron Bay)

Session 2
Wednesday 15 March – 10.30am to 1.30pm
Dunmullal Hall (16 Mud Brick Lane, off Coopers Lane, Main Arm)

Session 3
Wednesday 22 March – 10.30am to 1.30pm
Suffolk Park Hall (160/162 Alcorn St, Suffolk Park)

After Disaster Project Documentary and Performance

Enjoy a short documentary by Sharon Shostak which tells the moving story of the making of the After Disaster Project*, where four local songwriters worked with kids from The Pocket and Main Arm Schools to create and perform nine songs about the children's experiences of the February/March floods, natural disasters, climate change and future action.

Monday 27 March – 11.30am Doc screening only.
5.30pm A short performance by Big Voice Community Choir followed by doc screening.

Tuesday 28 March – 11.30am Doc screening only.
5.30pm Performance including the combined choir from Main Arm and The Pocket Schools.

Proudly funded by



*This project is one of six local community events that received \$362,050 from the NSW Government's Reconnecting Regional NSW – Community Events Program in association with Byron Shire Council.



Upcoming P&C Federation Webinars FOR PARENTS AND CARERS

eSafety 101: how eSafety can help you
Thursday, 23 March 2023
7:00–7:35 pm AEDT

The P&C Federation is pleased to be partnering with the eSafety Commission to host this webinar for our parents and carers. It will cover:

- What we mean by “eSafety”
- What you can report to the eSafety Commission
- Helpful advice and resources for parents & carers

[Read more and register now](#)

[Download webinar overview \(link here\)](#)

Female Football Mullumbimby



JOIN OUR TEAM
At the Pine Ave Fields
Register Now Online

mbvfc.com.au
female.football@mbvfc.com.au
www.facebook.com/mbvfc/

BECOME A SAFER DRIVER AND EARN 20 LOG BOOK HOURS BY ENROLLING IN A SAFER DRIVERS COURSE.

Cost \$140

Concessions available

Monday 13th March - 4pm to 7pm
Saturday 25th March 9.30am to 12.30pm

Bookings: bys.org.au

